



# Reconnecting Heart & Womb-Space - Gut Healing

Want more variety in your toolbox?  
to ramp-up clinical results?

Need also to heal your own body and soul?

Simple natural solutions - release Stuck Qi/Blood/Lymph/life force to flow easily again.

**NZ – 18/19th Jan – Atarau, West Coast ,**  
**NZAUSTRALIA 8-9<sup>th</sup> Feb – Coorparoo, Bne Aust**



Do you see people who are, or who feel stuck and can't seem to move past this?

Do you work with post accident/trauma/surgery/birthing incidents &/or "hard cases"?

Do you suspect that scars/adhesions/life residue /visceral malposition and structural misalignments get in the way of your otherwise brilliant work?

**Would you like to see magic happen at work?**

East Asian Traditional Medicine tells us that emotions are seen as a primary cause of life disruption and thus dis ease. We feel the body storing 'stuff' and not letting it go. The acupuncture classics tell us that the 8 Extras store perverse Qi as a reservoirs.

Life residue - substantial angst/grief/shame and guilt. Let us unburden the body. Avail yourself to Heather's life's work - research into undoing this. Clinical gems and life experience. Simple solutions - Heartful hands.

## What you will learn

- How to shift Stuck Qi and lymph flows.

## Covered

- Shock/Trauma release
- Stuck Belly Blood
- Scars and adhesions
- Visceral displacement (leading to digestive - GERD/leaky gut and pelvic and uterine woes: ovarian depletion and tubal problems)
- Perineal Steaming and lots more . . .

**Declutter. Reset. Restore.**

Take out what was not meant to be there.

Return calm to allow the blueprint to follow through.

**Body heals itself.**

In this experiential weekend we will work sequentially through a simple protocol - that anyone can use in clinic/practice and life the following day.

This course is designed to relieve blockages to healing. Undo what has held the body hostage - tied up in knots.

## This course will also address what lies beneath:

- Broken hearts
- Fractured sense of self
- Body distress
- Womb mal-positioning
- Pelvic Pain & Instability

**Allow your work to take giant leaps.**

Designed for those who wish to delve deeper

More details:

**BE QUICK - LIMITED NUMBERS - ONLY 8 PARTICIPANTS**

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## About the presenter:

Heather Bruce is holistic practical problem solver using acupuncture and her own brand of channel changers: playing with and transforming 'hopeless' cases for decades. Teaching/mentoring those who seek the elder's ways for these troubling times - Soul centered heartful hands <https://gentling.heatherbrucehealing.com/>